



# Cathedral of the Sacred Heart

*Mission Statement: Baptized into the Body of Christ and inspired by the Word of God; we the Parish of the Cathedral of the Sacred Heart are called to ongoing growth in our identity as Eucharistic people and our mission of spreading God's Reign of Love by our words and actions.*



## *First Sunday of Lent– February 18, 2018*

**Church Location:** 11th Street & Grand Ave.  
**Office Location:** 414 W. 11th Street  
**Pueblo, CO 81003-2888**  
**(719)544-5475/ Fax : 719-586-9922**  
**Email Address:** [shcathedral@shcathedral.net](mailto:shcathedral@shcathedral.net)  
**Website:** [www.shcathedral.net](http://www.shcathedral.net)

**Bishop of Pueblo:**  
Most Reverend Stephen Berg

**Cathedral Rector:**  
Msgr. James F. Koenigsfeld

**Associate:**  
Deacon Dan Leetch

**Director of Music & Liturgy & Diocesan Music Director:**

Mrs. Deborah Rendon (ext 15)  
[debrendon@shcathedral.net](mailto:debrendon@shcathedral.net)

### *Eucharistic Liturgies*

**Weekdays:** 12:00 Noon  
**Saturday (Anticipatory Mass):** 4:00pm  
**Sunday:** 8:00am, 10:15am and 12:00 Noon  
**Holy Days of Obligation:** 12:00 Noon and 5:30pm  
**Reconciliation (Confession):** 2:30-3:30pm every Saturday  
**Holy Hour:** First Friday of every month at 11:00am

**Director of Faith Formation:**  
Marge Ursick Leetch (ext 17)  
[marge\\_1111@yahoo.com](mailto:marge_1111@yahoo.com)

**Business Manager:** Ms. Tess Padilla (ext. 21)  
**Admin. Asst:** Janeel Valdez (ext 22)  
[janeelvaldez@shcathedral.net](mailto:janeelvaldez@shcathedral.net)

**Maintenance:** Johnny Mondragon  
**Office Hours :** Monday –Friday 9am-4pm  
*(closed from 12-1pm for lunch)*

**Anointing of the Sick:** Call the Parish Office in the event of illness or anticipated hospitalization.

**Hospital Visitation:** Due to Federal Regulations, our hospitals can no longer supply names or other information about patients. Therefore, patients and family members must notify the parish if pastoral visits are requested. Both Parkview Medical Center and St. Mary Corwin Hospital have priest chaplains and other pastoral staff personnel.

**Baptism:** Preparation sessions for Parents and Godparents are held four times a year. Please contact the Parish Office concerning preparation sessions and celebration dates for the sacrament of baptism.

**Marriage:** Engaged couples are invited to call the parish office to make arrangements at least nine months in advance. Persons wishing to have their marriages blessed (validated) should call the office for further details.

# Cathedral of the Sacred Heart



## MASS INTENTIONS FOR THE WEEK

### Monday, February 19, Lenten Weekday

12:00 Noon: Communion Service

### Tuesday, February 20, Lenten Weekday

12:00 Noon: +Dominick Masterantonio  
by Antoinette & Rose

### Wednesday, February 21, Lenten Weekday, Saint Peter Damian, Bishop and Doctor of the Church

12:00 Noon: For Adam on his birthday by Dave & Barbara

### Thursday, February 22, The Chair of Saint Peter the Apostle

12:00 Noon: +Sandra Dee Darin by Antoinette & Rose

### Friday, February 23, Lenten Weekday, Saint Polycarp, Bishop and Martyr

12:00 Noon: + Seferino Sr. & +Elena Rael & +Charlie Rael  
By Rael Family  
+Lucille Ann Masterantonio  
by Antoinette & Rose

### Saturday, February 24, Lenten Weekday ( Vigil: Second Sunday of Lent)

4:00pm: + Rose Head by Alan & Diane Eickelman  
For Lena Pollard on her 100th Birthday  
By Mary & Carla

### Sunday, February 25, Second Sunday in Lent

8:00am: +Johnny Emory by Sandy Martin

10:15am: +Virginia Colalancia by Mario & Martha Nogare

12:00 Noon: Cathedral Parishioners

### Today, Sunday, February 18

- ◆ Digging Deeper 9-10 am
- ◆ Coffee & Donuts after all Masses
- ◆ Rite of Election 2pm & 4pm

### Monday, February 19

- ◆ LOM at 10:00am

### Tuesday, February 20

- ◆ Faith Formation K-5 6:15-7:30pm
- ◆ "Digging Deeper" 6:30pm-7:30pm

### Wednesday, February 21

- ◆ Cantor practice 5:30pm
- ◆ Bells practice at 6:15pm
- ◆ M S Faith Formation 6:15-7:30pm
- ◆ Bible Study 6:30-8pm

### Thursday, February 22

- ◆ Women's Spirituality Group at 6:30pm in the office

### Friday, February 23

- ◆ Contemplative Prayer 11:45-1:30 in the office
- ◆ Soup and Stations at 5:30pm -start with soup in the Cafeteria and then Stations to follow in the Church
- ◆ Parish Mission at St. Pius

### Saturday, February 24

- ◆ Reconciliation 2:30-3:30pm
- ◆ Parish Mission at St. Pius

### Sunday, February 25

- ◆ "Digging Deeper" 9-10am

### " Our Gift to God" for Feb. 10/11:

Envelopes:	\$ 4,601.82
Loose:	\$ 899.00
Total:	\$ 5,500.82
Church Property Ins:	\$ 547.00

Please remember in your prayers **Paul Lucero** who recently passed and was buried from the Cathedral. Eternal Rest to him and Divine Consolation to the members of his family.

**Help Needed**— we are looking for a few more volunteers who can help with the washing of the church linen. Call Lee Ann Martinez or Josie Hance for information.

**Children's Liturgy of the Word – help needed.** This is offered for children ages 5-8 during the proclamation of the Word and the homily during most weekend Masses. A catechist leads the children in a reflection on the Scriptures of the day. Volunteer leaders are needed for the 10:15am Mass and substitutes for the 4pm and 12 Noon. If you would like more information, please call Marge.

Anyone interested in taking home the traveling statue of the "Blessed Mother" please call Barb Francis at 225-8226.

**THIS SUMMER- Just5 Days: A summer Service project for Middle School Youth! - Janeel will be working with the Center for Ministry Development to offer a service project in her hometown of San Luis, CO this summer the week of June 25-29, 2018. Register soon for this Level 3 of Happiness event!! Call Janeel for information. We are taking or go to [www.Just5Days.org](http://www.Just5Days.org) Space is limited. We need to reserve our spaces SOON**

**We ask your prayers for parish families & friends.** Ernest, Allen, Lilia, Nora, Louie, Lenny, Gina, Gary, Antoinette, Mary, Bernadette, Melissa, Mary, Melody, Cathy, Greg Sr, Greg V. III, Jerry and Mark, Sylvia, Abraham, Ethyl, & Odelia, Richard, Jennie & Celestino, Angelica, Eloy & Anita, Betty, Aliyannah, Joy C, Betty, Emily, Kenia, John, Solidad, Maria, Irene, Jennifer, and Rachel, Alex, Cordy, Adella, Whitney, Faith, Armando, Sabrina, and unborn child, Lynda, Natalie, Tony, Aaden, Eloisa, Stephen, Henry, Ricky, Xavier, Kathy Bolte, Mike, Amaria, Barbara, Dave, Patricia, Deana, Mary K., Toni, Bishop Tafoya, Joel Rivera, Bea C., Olivia, Dave, Deana, Rosie, Edith, Joel, Carol, Ken and all those we have in our hearts.

Every Friday during Lent there will be a Simple Soup Meal in the cafeteria that begins at 5:30-6:15 followed by the Stations of the Cross from 6:30-7pm, please join us . The dates are as follows: Feb. 16th—March 23- Soup & Stations - 5:30-7pm.



**Daily Reflections for Lent: Not by Bread Alone 2018—Michelle Francl-Donnay**

**Meditation:** Where do you see the reign of God breaking into your life? Look for the signs God has scattered through your daily life that point to the kingdom being at hand.

**Prayer:** Teach us to see the signs of the kingdom breaking through, O Lord. Show us those who work humbly to clear the path for you. Show us those who work for justice. Show us how to walk in your ways. Amen

### **Lifelong Faith Formation News**

The Rite of Election for those to be Initiated at the Easter Vigil will occur today, February 18 at 2 & 4pm. Our candidates for Election & their sponsors will be formally sent from the 10:15 Mass to the 4pm prayer service. Candidates from outlying communities will attend at 2pm.

**K-8 Faith Formation** continues to meet on Tuesday and Wednesday evenings.

**Screenagers:** Growing up in the Digital Age at Hoag Theatre at PCC— March 11th 4pm. FREE! A documentary video for parents and teens designed to foster healthy family dialogue about screen time. Sponsored by Pueblo Deanery Catholic Churches.

#### **Adult Formation Opportunities-See this week at a glance**

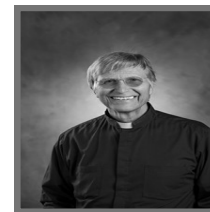
40 Days to a Closer Walk with God will be the focus of the **Contemplative Prayer** group during Lent. The Light Within, meets Fridays, from 11:45-1:30pm

**The Women's Spirituality Group** will be deepening their awareness of the Presence of God through the practice of Seven Sacred Pauses. Join us Thursdays from 6:30pm in the Parish Office.

Over 60 parents settled into St. Joseph Church last Sunday for a little CPR: A Catholic Parent Revival. Faithful, loving and ordinary parents, grandparents and guardians spoke openly of their hopes and dreams, fears, trials and experiences during the three hour retreat. The inspiring message reminded parents that, our God who called them to be co-creators of the children entrusted to them, is with them in ALL the ups and downs of family life. God is not only present to us through a personal relationship, God is present to us in & through community. God has given us His own family - the Church - to journey with us through life's challenges and joys. As spirit-filled brothers and sisters in Christ - family - we can turn to one another for consolation, inspiration, guidance, support and prayer. The retreat concluded in prayer as a small community then participants joined Bishop Berg and those gathered for the high school Youth Fest in the celebration of the Mass. There, all encountered the Presence of the Risen Christ in our midst: in God's Word proclaimed, in the Blessed Sacrament of the Eucharist, and in ministry of the ordained and the assembly. In Communion, all were sent forth to be disciples on a Mission of Love. The revival was directed by team members Michael Theisen, Noelle Garcia, and David McHugh. They are part of the Strong Catholic Families National Initiative. This initiative is a partnership by 4 national Catholic organizations who mission is to help local churches partner more effectively with parents in bringing home the faith.

WOW. Over 350 youth from Pueblo and surrounding communities participated in last weekends Youth Festival. 'Catholic Rock Star' Jesse Manibusan reminded area Teens that ALL belong to God's family ...but many have not been invited! Breaking open Jesus' invitation to them to "Come Fish with Me," he encouraged them to personally step in and engage with their church family, step up and get involved and step out to invite and serve others! Please continue to hold our youth in prayer that all may hear God's invitation to a loving relationship and step up to continue Jesus' mission of spreading the Good News that we are loved in the homes, halls and streets of Southern Colorado.

### **Q& A's from Msgr. Jim**



Hello, everyone. For this week's bulletin piece, I'll share with you the Q&A file on Lent from the United States Bishops Conference. Some things I didn't know either. Sorry about the smaller print font. Have a great Lent!!

Q. Why do we say that there are forty days of Lent? When you count all the days from Ash Wednesday through Holy Saturday, there are 46. A. It might be more accurate to say that there is the "forty day fast with-in Lent." Historically, Lent has varied from a week to three weeks to the present configuration of 46 days. The forty day fast, however, has been more stable. The Sundays of Lent are certainly part of the Time of Lent, but they are not prescribed days of fast and abstinence.

Q. So does that mean that when we give something up for Lent, such as candy, we can have it on Sundays?

A. Apart from the prescribed days of fast and abstinence on Ash Wednesday and Good Friday, and the days of abstinence every Friday of Lent, Catholics have traditionally chosen additional penitential practices for the whole Time of Lent. These practices are disciplinary in nature and often more effective if they are continuous, i.e., kept on Sundays as well. That being said, such practices are not regulated by the Church, but by individual conscience.

Q. I understand that all the Fridays of Lent are days of abstinence from meat, but I'm not sure what is classified as meat. Does meat include chicken and dairy products?

A. Abstinence laws consider that meat comes only from animals such as chickens, cows, sheep or pigs --- all of which live on land. Birds are also considered meat. Abstinence does not include meat juices and liquid foods made from meat. Thus, such foods as chicken broth, consommé, soups cooked or flavored with meat, meat gravies or sauces, as well as seasonings or condiments made from animal fat are technically not forbidden. However, moral theologians have traditionally taught that we should abstain from all animal-derived products (except foods such as gelatin, butter, cheese and eggs, which do not have any meat taste). Fish are a different category of animal. Salt and freshwater species of fish, amphibians, reptiles, (cold-blooded animals) and shellfish are permitted.

Q. I've noticed that restaurants and grocery stores advertise specials on expensive types of fish and seafood on Fridays during Lent. Some of my Catholic friends take advantage of these deals, but somehow I don't feel right treating myself to the lobster special on Fridays during Lent.

A. While fish, lobster and other shellfish are not considered meat and can be consumed on days of abstinence, indulging in the lavish buffet at your favorite seafood place sort of misses the point. Abstaining from meat and other indulgences during Lent is a penitential practice. On the Fridays of Lent, we remember the sacrifice of Christ on Good Friday and unite ourselves with that sacrifice through abstinence and prayer.

Q. I understand that Catholics ages 18 to 59 should fast on Ash Wednesday and on Good Friday, but what exactly are the rules for these fasts?

A. Fasting on these days means we can have only one full, meatless meal. Some food can be taken at the other regular meal times if necessary, but combined they should be less than a full meal. Liquids are allowed at any time, but no solid food should be consumed between meals.

Q. Are there exemptions other than for age from the requirement to fast on Ash Wednesday and Good Friday?

A. Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women. In all cases, common sense should prevail, and ill persons should not further jeopardize their health by fasting.